STUDENT MENTORSHIPTOOLKIT

Living an **Undivided Life** is a value that IV wants for all its members - This captures our commitment to **whole-life discipleship**. The earth is the Lord's and everything in it and the Bible has application to every area of life. Following Jesus is an all-encompassing call that includes relationships, studies, work, money and leisure. Discipleship is simply following Jesus together; it is not hierarchy or a comparison to others. Even though it is normal to compare (Jesus disciples argued about which was the greatest), we have one goal which is to be transformed by Jesus as we follow him together.

Below is a **toolkit** that includes different ways that you can be intentionally following Jesus with others in the community. This toolkit is meant to be a resource to help you be intentional as you participate in IV whether that is in large group, small group, prayer, coffee chats or just hanging out. It is also not a step-by-step guide. You may use one or all of these with the people you are in relationship with at different times or at the same time.

- 1) Read scripture together. The bible has application to every area of life but it doesn't always "give you the answers". It is in reading together, questioning, discussing and praying that you will receive the wisdom and guidance that scripture has to offer. This doesn't only happen in small group bible study, allowing scripture to speak into your lives all the time is how you benefit the most from its wisdom.
- 2) Ask each other intentional questions. The goal is not about having the "right" answer but to honestly reflect together. Following Jesus is an all-encompassing call that includes relationships, studies, work, money and leisure. These are all good areas to ask questions around. You may find that you and others don't always have an answer right away and that is why it takes intentional time to reflect on these questions and talk through them with each other. Below is a list of good questions you can ask each other but these are not the only options. Sometimes these are just good starting points and the answers or reflections will actually lead you to other good questions to ask each other so do not feel restricted by simply asking and answering back and forth. Really listen to each other and notice the thoughts, feelings, memories and other questions that arise in the conversation.
- What has God been teaching you or speaking to you about recently?

- Is there an area of your life that you are struggling with or anxious about? (note: the goal is not to fix these areas but to share them as a way to shoulder each others burdens and turn to God together)
- Is there anything God has been inviting you to respond to recently?
- Is there an area of life that needs healing (maybe physical, mental, emotional or spiritual healing.
 Jesus does all).
- **3) Pray together.** This includes sharing prayer requests with each other but also includes listening to God together and on each other's behalf. It can be scary to share what you think God is saying to someone but you can always share humbly what you hear and let that person pray about it themselves and with others who know them.
- **4) Do life together.** Go to each other's homes, meet each other's friends and families, cook or eat together. Have fun and celebrate together. Try each other's hobbies. Following the way of Jesus includes all areas of yourself and so we should bring our whole selves into intentional friendships.

If you have any questions please contact Austin :) afedchuk@ivcf.ca