

Remembering

This day's spiritual exercise is meant to have you reflect on God's activity in your life, your own sense of calling, and to celebrate the ways in which you have witnessed and participated in the Spirit's activity through your time with InterVarsity. The exercise is meant to take approximately 30 minutes. Feel free to take longer or return to it if you wish. May Holy Spirit lead you, counsel you, and inspire you.

Put away all electronics (put phone on airplane mode if you want to use it as a timer) and select some writing implement and paper (your regular journal will do fine if you have one). To begin today's exercise, take about 3 minutes to be still and silent. Take deep breaths and repeat the phrase, "Be still and know that I am God."

1. God's activity and your sense of unique calling.

Reflect on your life and note two moments (at least one before working for InterVarsity) you recall being particularly hungry and thirsty for Jesus. Write them down.

What was revealed about God or about yourself that inspired those moments of desire?

How did God lead you to those moments?

How have those moments shaped your own sense of service in the Kingdom? In what ways have you wanted other individuals or communities to eat the same feast you have eaten and how have you gone about preparing the meal?

2. Fruit of the Spirit Salad

Love. Joy. Peace. Patience. Goodness. Kindness. Faithfulness. Gentleness. Self-control.

Go through each fruit of the Spirit. For each one, write down a time within your involvement in InterVarsity (as student or staff) that you were able to live that fruit out, or had the gift of witnessing it take place in others.

If your list is primarily witnessing it in others, take a few extra moments to ask Jesus where you lived out the fruit of the Spirit and were a participant in the divine nature.

If your list is primarily your own living it out, take a few extra moments to ask Jesus to reveal to ways the Spirit has been work outside of yourself through His people.